



Ms. DIKSHA DAYAL

Expert in Weight Management and Gastro-oncology Nutrition

Head of the Department Nutrition and Dietetics

Ms. Diksha Dayal has a decade long experience in nutritional assessment of patients with a range of complex medical conditions and counselling patients on therapeutic diet modifications.

Ms. Dayal did her B.Sc. Home-Science from Delhi University, before pursuing her M.Sc. in Nutrition and Food Service Management from the University of Meerut. Over the years she has been associated with some of the country's leading healthcare institutions and hospitals. A Diploma Holder in Nutrition and Health Education from IGNOU, she has also undergone professional training on 'Fad Diet in Weight Management, Bariatric and Metabolic Nutrition' from Max Healthcare Institute.

Education and Training

- B.Sc. Home-Science from Delhi University
- M.Sc. in Nutrition and Food Service Management from the University of Meerut
- Diploma in Nutrition and Health Education from IGNOU
- Fad Diet in Weight Management, Bariatric and Metabolic Nutrition from Max Hospital

Previous Associations

- BLK-Max Super Speciality Hospital, New Delhi
- Sir Ganga Ram Hospital, New Delhi
- MD City Hospital, New Delhi

Memberships

- Life Membership in ISPEN

Treatment Specialisation

- Bariatric Nutrition
- Post Transplant Diet
- Weight Management
- Gastro-onco Nutrition

Achievements

- One of the top expert source for prominent publications like The Times of India, Hindustan Times, Indian Express, Nav Bharat Times, etc