

Sanar INSIGHTS

From the Managing Director's Desk



Naresh Kapoor

Founder and Managing Director
Sanar International Hospitals

It is with great pride that I present to you the second edition of our Newsletter – Sanar Insights. I am pleased to share with you the latest news, updates as well as important medical milestones achieved by the team.

This edition features a heart-warming success story of Anthony Lagat, a Kenyan national suffering from a high-risk blood cancer who was successfully treated with a Bone Marrow Transplant. Another inspirational case featured in this issue is that of a successful Kidney Transplant procedure in which a husband (Ram Kumar Thapa) voluntarily donated his kidney to save his ailing wife.

In line with the vision to expand our global footprints, we have recently inaugurated our second multi-speciality 'Out Patient Centre' at Karabala, Iraq. The centre is now fully functional with many patients availing consultation with our highly skilled specialists. With an aim to extend our healthcare services across geographies, we have also started our super speciality OPDs in Srinagar and Varanasi for providing high-quality healthcare to the community.

Our commitment to ensure the safety of our patients remains our top priority, and we will continue to invest in new technologies and protocols so that our patients are able to receive the best possible care.

I look forward to sharing more exciting news with you in the subsequent issues and make our Newsletter more informative and engaging. Your feedback will also go a long way in enriching this publication, which may be sent at: marketing@sanarhospitals.com

Clinical Marvels

A NEW LEASE OF LIFE

A Successful Bone Marrow Transplant

Anthony Lagat, a Kenyan national, was suffering from Acute Mixed-Phenotype Leukaemia which is a type of high-risk blood cancer. He was initially treated with induction Chemotherapy in Kenya, however there was a high risk of relapse, therefore, he was advised for Bone Marrow Transplant. He came to Sanar International Hospitals for a curative treatment with Stem Cell Transplant or Bone Marrow Transplant.

A team of specialists, led by Dr. Dharma Choudhary, Director, Blood and Marrow Transplant, performed a successful Stem Cell Transplant with a fully-matched stem cell donated by Anthony's sister. Dr. Dharma Choudhary concludes, "Anthony had a few complications like mixed chimerism but he recovered quickly. He accepted the graft



fully and is now going back home disease free, without any complications or infections". Anthony recovered with negligible complications, and was discharged from the hospital successfully.

A RARE GIFT FOR THE LOVED ONE

Husband Donates Kidney to his Ailing Wife

For past 2 years, 48-years-old Mrs. Narmati Sara Dhenga was undergoing haemodialysis 3 times a week as her kidney functioning was way below the normal level due to the painkillers she was taking as part of her prescribed medication, after she met with a road accident and suffered a foot fracture. She also had other medical complications due to which she was not doing well on dialysis and her condition continued to deteriorate. She was in immediate need of Kidney Transplant.

Mrs. Narmati Sara's husband, Mr. Ram Kumar Thapa came forward to donate his kidney. After proper assessment and tests, Mr. Ram Kumar Thapa was found suitable as a donor and the transplant team at Sanar International Hospitals, Gurugram admitted both husband and wife for the procedure. A team of experts led by Dr. Amit Kumar, HOD & Senior Consultant, Nephrology, Sanar International Hospitals performed the transplant successfully.

Dr. Amit Kumar stated, "A large majority of live kidney donors in our country are predominantly women and over the years we have seen women outnumbering men when it comes to donating their kidneys. In such a scenario, it is really heartening to see Mr. Thapa voluntarily coming forward to donate his kidney for his ailing wife. He was quite determined to save his wife's life and followed all the pre and post-transplant instructions / restrictions as



recommended by us. Nowadays, for chronic kidney disease patient, kidney transplant is one of the best treatment options as compared to a lifetime of dialysis. We are happy that post-transplant, the patient can now live a long and healthy life as normal as possible".

With joy, Mr. Thapa said, "We had complete faith in the medical and surgical team of Sanar International Hospitals, Gurugram. My wife was sick for a long time and now she is on her complete road to recovery. A big thank you to all the doctors and staff at the hospital for giving her a new lease of life."

EXPANDING QUALITY HEALTHCARE

Super Speciality OPDs in Srinagar and Varanasi

Sanar International Hospitals is proud to have inaugurated super speciality OPDs in Srinagar and Varanasi, with the aim to provide high quality medical services to the local community. Residents of these cities can avail exceptional healthcare services upon registration for Blood and Marrow Transplant, Nephrology, Oncology, Hepatology.

Our specialists with extensive experiences in their specific domains, and other medical professionals are available for consultations and proper guidance for quality treatments.



Events & Activities



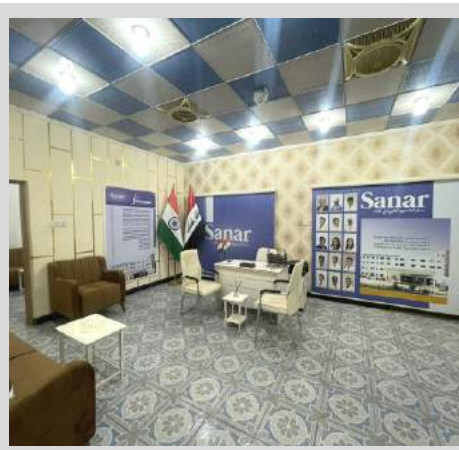
Exchanging Knowledge and Experiences

An academic evening on Comprehensive Oncology by Dr. Archit Pandit, Director, Surgical Oncology was held with ASI Gurugram City organised by Sanar International Hospitals, Gurugram, Moderated by Dr. Dharm Choudhary, Director & Head of Department, Blood & Marrow Transplant in the gracious presence of surgeons of the city.



Reaching Out to the People of Iraq

Sanar International Hospitals has newly opened a multi-speciality Out Patient Centre at Traffic Street, Karabala. Through this centre, we intend to extend our healthcare services to the people of Iraq by providing advanced medical solutions and guidance for quality treatment. We would be offering super speciality consultation with internationally recognised medical experts to patients from Iraq and neighbouring regions.



World Cancer Day Activities



Community Outreach

In the constant effort to extend our healthcare services to the local community, Sanar International Hospitals organised a Cardiology and Orthopaedic Health Screening Camp for the residents of DLF Carlton Estate, Gurugram.



Cancer Awareness Health Talk by Dr. Vineet Goel, Consultant, Surgical Oncology, at Shyptax Corporate. The event was attended by 140 employees of the organisation.



Sanar International Hospitals in collaboration with Taj City Centre organised a Cancer Awareness Health Talk for the students of Visan Hospital.

Launch of Medical Aid Room

Sanar International Hospitals had recently inaugurated a Medical Aid Room at The Leela Ambience, Gurugram, as part of our strategic collaboration.

Our hospital will be managing the medical aid room in the hotel's premises 24x7, providing healthcare services to the hotel's guests and its staff.



Patient Experience

Buthaina Adil, 45
Iraq
Liver Transplant Surgery



We came to India for the Liver Transplant Surgery. Thanks to Allah, the operation went successful. I had liver infection for the last 5 years, and had been consulting many doctors in Iraq. I was advised to go to India by the doctors. I thank Sanar International Hospitals for the successful operation and for the extensive care they had provided, I can now go back home and live a normal life.

Dr. Rano Rakhmonova, 58
Russia
Bariatric Surgery



We came to Sanar International Hospitals in India and I underwent bariatric surgery, which was perfect. We are very glad that we visited this hospital. This is one of the best hospitals that we have visited.

Sanar in News



Financial Express



Hindustan Times



NBT Life



Times XP



Dainik Jagran



Hindustan



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